



Arthritis & Orthopedic
Medical Clinic

Pre-Op Surgical Checklist

- Date, Time, and Location of Surgery: _____
- Pre-Op Clearance (if needed)
- Prescription Medications
 - Obtain and fill prescription pain medication
 - Purchase aspirin 325 mg tablets (Hip & Knee Surgery)
- Post-op Bandages/Ice
 - Purchase sterile gauze and adhesive bandages
 - Purchase several re-usable ice packs
- Appointment with Physical Therapy
- Post-Op Brace/Sling (if needed)
- Post-Op Instruction Sheet

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